

# Two Week Sleep Consulting

**Your Investment: \$499**



## **WHAT'S INCLUDED:**

- Customized Plan: age-appropriate sleep plan tailored to your child's specific sleep needs.
- 1:1 Virtual Support: full text support during your two-week consultation.
- Two 30- Minute Phone Consultation Calls: one call to discuss your child's sleep challenges and one call to go over your child's customized sleep plan.

# The Sleep Plan

**Your Investment: \$99**



## **WHAT'S INCLUDED:**

- **Customized Plan:** age-appropriate sleep plan tailored to your child's specific sleep needs .
- **Two 30- Minute Phone Consultation:** one call to discuss your child's sleep challenges and one call to go over your child's customized sleep plan.

**THIS PACKAGE DOES NOT INCLUDE VIRTUAL COACHING**

# Pediatric In-Home Sleep Support

Virtual & In-person Support



## WHAT'S INCLUDED:

- Everything included in the two week sleep consulting package.
- In home sleep support for 3 or 5 consecutive nights.

**3 CONSECUTIVE NIGHTS**

**\$1,980**

**5 CONSECUTIVE NIGHTS**

**\$3,300**